

Racine County Meals on Wheels/Congregate Menu

July 2024

Call 262-833-8766 before 9:30 am the previous day (Monday-Friday) to cancel a meal

1 Chicken Ala Orange Vegetable Rice Pilaf Northern Beans Bran Muffin Bread Chilled Peaches	2 French Dip Beef with Mushroom and Onions Oven Fries Corn Wheat Roll Whole Apple	3 Classic Lasagna w/meat sauce Squash Medley Pears Italian Green Beans Whole Wheat Bread	4 Holiday! There will be no delivery today in observation of July 4th holiday	5 Hot Dog Wheat Bun Twice Baked Potato Casserole Banana Peas and Carrots
8 BBQ Riblet Mashed Sweet Potatoes Chef's Vegetables Whole Wheat Bun Strawberry Yogurt	9 Hamburger on Whole Wheat Bun Bean Casserole Mixed Vegetables Fruit Sunburst	10 BLT Chicken Salad Mixed Salad Greens With Tomato Wedges Tri-Bean Salad Corn Bread Mandarin Oranges	11 Spaghetti with Meatballs w/ Marinara Capri Blend Vegetables Wheat Vienna Bread Chilled Pears	12 Herbed Baked Chicken Mashed Potatoes/Gravy Green Bean Casserole Bran Muffin Bread Whole Apple
15 Baked Meatloaf w/Country Gravy Mashed Potatoes Stewed Tomatoes Whole Wheat Bread Whole Orange	16 Biscuit and Gravy With Eggs Diced Hash Browns Apple Cobbler Juice Banana	17 Slow Roast Beef Au Gratin Potatoes Carrots and Chives Multi-Grain Roll Mixed Fruit	18 Asian Glazed Chicken Citrus Brown Rice Broccoli Multi- Grain Bread Mandarin Orange Jello Fortune Cookie	19 Turkey Pasta Salad Lettuce and Tomato Tri-Bean Salad Whole Wheat Bread Pineapple Tidbits
22 Prime Rib of Pork Baked Potato Parslied Cauliflower Rye Bread Mixed Fruit	23 Italian Sausage with Marinara Wheat Bun Scalloped Potatoes Brussel Sprouts Fresh Melon	24 BBQ Pulled Chicken Cheesy Mashed Potatoes Broccoli Wheat Bum Chilled Pears	25 Dilled Tuna Salad Lettuce & Tomato Garbanzo/Kidney Beans Slivered Carrots Balsamic Wheat Kaiser Roll	26 Chicken Marbella Rice Florentine Country Blend Vegetables Whole Wheat Bread Whole Orange
29 Kielbasa Dilled Potatoes Bean Casserole Rye Bread Fruit Cup	30 Chicken Pasta Salad Mixed Green Salad Herbed Tomato Wedges Multi-Grain Bread Pineapple Tidbits	31 Eggs Lorraine Potatoes O'Brien Fruit cup Blueberry Muffin Whole Orange	Holiday Closure Notice – There will be no home delivery or in site dining on 7/4/2024. Please call the Nutrition Office for questions or to reserve meals by Friday 6/28/2024. 	